

Curriculum Map



Foundation Stage

Multi-ability Cog Focus & Learning Journeys

◆ Exceeding
 ■ Expected
 ▲ Working towards

Unit 1



- I can follow instructions, practice safely and work on simple tasks by myself ◆
- I enjoy working on simple tasks with help ■

Unit 2



- I can work sensibly with others, taking turns and sharing ◆
- I can play with others and take turns and share with help ■

Unit 3



- I can understand and follow simple rules and can name some things I am good at ◆
- I can follow simple instructions ■

Unit 4



- I can explore and describe different movements ◆
- I can observe and copy others ■

Unit 5



- I can perform a single skill or movement with some control. I can perform a small range of skills and link two movements together ◆
- I can move confidently in different ways ■

Unit 6



- I am aware of why exercise is important for good health ◆
- I am aware of the changes to the way I feel when I exercise ■

Weeks

Fundamental Movement Skill Focus

Theme

1-3

Coordination:
Footwork
(FUNS Station 10)



The Birthday Bike Surprise

4-6

Static Balance:
One Leg
(FUNS Station 1)



Pirate Pranks!

7-9

Dynamic Balance to Agility:
Jumping and Landing
(FUNS Station 6)



Journey to the Blue Planet

10-12

Static Balance:
Seated
(FUNS Station 2)



Monkey Business!

13-15

Dynamic Balance:
On a Line
(FUNS Station 5)



Tilly the Train's Big Day

16-18

Static Balance:
Stance
(FUNS Station 4)



Thambi Walks the Tightrope

19-21

Coordination:
Ball Skills
(FUNS Station 9)



Clowning Around!

22-24

Counter Balance:
With a Partner
(FUNS Station 7)



Wendy's Water-ski Challenge

25-27

Coordination:
Sending and Receiving
(FUNS Station 8)



John and Jasmine Learn to Juggle

28-30

Agility:
Reaction/Response
(FUNS Station 12)



Ringo to the Rescue

31-33

Agility:
Ball Chasing
(FUNS Station 11)



Sammy Squirrel and his Rolling Nuts

34-36

Static Balance:
Floor Work
(FUNS Station 3)



Casper the Very Clever Cat

Curriculum Map



Year 1

Multi-ability Cog Focus & Learning Journeys

◆ Exceeding ■ Expected ▲ Working towards

Unit 1



- I try several times if at first I don't succeed and I ask for help when appropriate ◆
- I can follow instructions, practice safely and work on simple tasks by myself ■
- I enjoy working on simple tasks with help ▲

Unit 2



- I can help praise and encourage others in their learning ◆
- I can work sensibly with others, taking turns and sharing ■
- I can play with others and take turns and share with help ▲

Unit 3



- I can begin to order instructions, movements and skills. With help I can recognise similarities and differences in performance and I can explain why someone is working or performing well ◆
- I can understand and follow simple rules and can name some things I am good at ■
- I can follow simple instructions ▲

Unit 4



- I can begin to compare my movements and skills with those of others. I can select and link movements together to fit a theme ◆
- I can explore and describe different movements ■
- I can observe and copy others ▲

Unit 5



- I can perform a range of skills with some control and consistency. I can perform a sequence of movements with some changes in level, direction or speed ◆
- I can perform a single skill or movement with some control. I can perform a small range of skills and link two movements together ■
- I can move confidently in different ways ▲

Unit 6



- I can say how my body feels before, during and after exercise. I use equipment appropriately and move and land safely ◆
- I am aware of why exercise is important for good health ■
- I am aware of the changes to the way I feel when I exercise ▲

Weeks

Fundamental Movement Skill Focus

Theme

1-3

Coordination: Footwork
(FUNS Station 10)



The Birthday Bike Surprise

4-6

Static Balance: One Leg
(FUNS Station 1)



Pirate Frank!

7-9

Dynamic Balance to Agility: Jumping and Landing
(FUNS Station 6)



Journey to the Blue Planet

10-12

Static Balance: Seated
(FUNS Station 2)



Monkey Business!

13-15

Dynamic Balance: On a Line
(FUNS Station 5)



Tilly the Train's Big Day

16-18

Static Balance: Stance
(FUNS Station 4)



Thembi Walks the Tightrope

19-21

Coordination: Ball Skills
(FUNS Station 9)



Clowning Around!

22-24

Counter Balance: With a Partner
(FUNS Station 7)



Wendy's Water-ski Challenge

25-27

Coordination: Sending and Receiving
(FUNS Station 8)



John and Jasmine Learn to Juggle

28-30

Agility: Reaction/Response
(FUNS Station 12)



Ringo to the Rescue

31-33

Agility: Ball Chasing
(FUNS Station 11)



Sammy Squirrel and his Rolling Nuts

34-36

Static Balance: Floor Work
(FUNS Station 3)



Caspar the Very Clever Cat

Curriculum Map



Year 2

Multi-ability Cog Focus & Learning Journeys

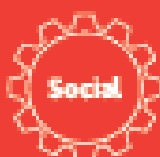
◆ Exceeding ■ Expected ▲ Working towards

Unit 1



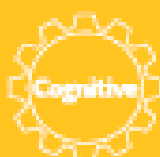
- I know where I am with my learning and I have begun to challenge myself ◆
- I try several times if at first I don't succeed and I ask for help when appropriate ■
- I can follow instructions, practise safely and work on simple tasks by myself ▲

Unit 2



- I show patience and support others, listening well to them about our work. I am happy to show and tell them about my ideas ◆
- I can help praise and encourage others in their learning ■
- I can work sensibly with others, taking turns and sharing ▲

Unit 3



- I can understand the simple tactics of attacking and defending. I can explain what I am doing well and I have begun to identify areas for improvement ◆
- I can begin to order instructions, movements and skills. With help I can recognize similarities and differences in performance and I can explain why someone is working or performing well ■
- I can understand and follow simple rules and can name some things I am good at ▲

Unit 4



- I can make up my own rules and versions of activities. I can respond differently to a variety of tasks or music and I can recognize similarities and differences in movements and expression ◆
- I can begin to compare my movements and skills with those of others. I can select and link movements together to fit a theme ■
- I can explore and describe different movements ▲

Unit 5



- I can perform and repeat longer sequences with clear shapes and controlled movement. I can select and apply a range of skills with good control and consistency ◆
- I can perform a range of skills with some control and consistency. I can perform a sequence of movements with some changes in level, direction or speed ■
- I can perform a single skill or movement with some control. I can perform a small range of skills and link two movements together ▲

Unit 6



- I can describe how and why my body feels during and after exercise. I can explain why we need to warm up and cool down ◆
- I can say how my body feels before, during and after exercise. I use equipment appropriately and move and land safely ■
- I am aware of why exercise is important for good health ▲

Weeks

Fundamental Movement Skill Focus

1-3

Coordination:
Footwork
(FUNS Station 10)

4-6

Static Balance:
One Leg
(FUNS Station 1)

7-9

Dynamic Balance to Agility:
Jumping and Landing
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Static Balance:
Seated
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With a Partner
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Coordination:
Sending and Receiving
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Agility:
Reaction/Response
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31-33

Agility:
Ball Chasing
(FUNS Station 11)

34-36

Static Balance:
Floor Work
(FUNS Station 3)